

THETA OMEGA CHAPTER SENIORS



TOCS Report to Executive Meeting June 1, 2017

Our TOCS committee is a committee of retired sorors who meet March – June and September – November. We plan activities that enhance our knowledge as well as enjoy socializing. Some of our activities since June of last year have included an informative presentation on Estate Planning by Attorney Theodore London, a licensed attorney concentrating on probate.

Soror Angela Odoms-Young our health chairman who is an associate professor in the Department of Kinesiology and Nutrition in the UIC College of Applied Health Science gave us a wonderful presentation on nutrition as well as some healthy recipes.

At our May meeting, Soror Tanya Simmons Harris our Theta Omega Gammateus who is a Registered Pharmacist provided us with information on “Managing our Medicines”.

There are about 60 sorors that attend and participate in the Theta Omega Chapter Seniors meetings regularly.

We collected items to be donated to the Center as well as purchased an ad in the 2016 AKARAMA Souvenir Journal. We are preparing our entry and donation to AKARAMA 2017.

On Saturday May 27th, Soror Diane Dyer-Dawson and her committee planned and executed a wonderful Ascending Young Pearls High Tea. Soror Angela Tucker is the chairman of our Ascending Young Pearls. We are very proud of her and the work she is doing with our Ascending Pearls.

On June 22, 2017, TOCS, chapter sorors and their guest will journey to New Buffalo Michigan for a day of fun at the Four Winds Casino. The cost of the trip is \$35.00. We will gather at the AKARAMA Community Service Center – 6220 S. Ingleside Ave. Chgo. IL Check in time is 9:00 am with a 10:00 am bus departure. For additional information you may contact Soror Myrtle Burton-Sahara or Soror Cathyne Russell. Also, there are participation forms at the front desk.

In November of this year, 60 of us will be attending a presentation of Hamilton.

Remember, you only have to be retired to join us in TOCS. We eat, plan activities that support our International program, promote **our** health and mental wellness and have fun doing it.

Sisterly,

Soror Essie Kelly, Chairman