## ALPHA KAPPA ALPHA SORORITY, INC. AKARAMA FOUNDATION, INC. THETA OMEGA CHAPTER

## Ascending Young Pearls Chapter Meeting Friday, March 11, 2016

Transition meeting was held on 1/2/16 with outgoing AYP chair. New AYP committee held three face to face and 2 conference call meetings after to establish protocol and set calendar of events.

AYP partnered with Family Strengthening & Ascend to host MLK Day of Service on January 18, 2016 which turned out to be a fascinating event with a great speaker, AYP girls giving a dedication to Dr. MLK, engaged in live entertainment while enjoying refreshments. In attendance were 30 sorors and 70 community members. AYP participating schools were Esmond, Garvey and Fisk.

On February 13, 2016 AYP hosted a workshop titled; Healthy Hearts and A Healthy New You. Research was shared on health awareness while noting key and essential nutritional facts and the importance of healthy eating. At the end, participants signed a declaration page asking them to make a commitment and promise to select wiser food choices. Room was decorated by committee members and turned into beautiful oasis of pink and red Valentine's décor and center pieces of hearts and goodies that promoted healthy hearts.

AYP girls enjoyed a healthy lunch and ended the day with a dance lesson by an African Dance Teacher. In attendance were 15 young ladies from Garvey and Esmond along 3 chaperone contacts from their schools and 10 sorors. The entire day was a holistic experience!

The committee will be meeting to set plans for our March AYP event, support an initiative for the Boule in Atlanta, and possibly partner with St. Ailbe's Catholic Church for a collaborative coat drive. Final details will be announced at a later date.

Come out to the next AYP event on Saturday, March 12, 2016 at the center from 11am-1:30 pm.

Our next meeting will be a conference call. All are welcome to join the committee.

## Thank you,

Angela R. Tucker, AYP Chair