ALPHA KAPPA ALPHA SORORITY, INC. AKARAMA FOUNDATION, INC. 2016-2017 COMMITTEE REPORT TEMPLATE Executive Board Meeting

Committee Name: Target II: Health Promotion

Date of Report: Saturday, September 3, 2016

Summary of Previous Activities:

 We hosted The "Longest Day" program on June 20, 2016 with other Chicago area chapters and the Alzheimer's Association to raise awareness about Alzheimer's Disease. This included a prayer call, media blast, visits to local nursing homes (undergrads only), and a webinar for caregivers. We hosted a viewing of the webinar at the AKArama Community Service Center for foundation and community members. We also provided a small care package to Sorors in our chapter that are caring for family members with Dementia and Alzheimer's Disease.

Upcoming Activities:

- Our next event is our Annual Health and Wellness Fair scheduled for Saturday, September 17, 2016. Vendors will be from 10:00 am to 3:00 pm and closing speaker from 3:00 pm to 4:00 pm.
- Vendors include: Christopher D. Redding Youth Asthma Foundation; MobileCare Chicago Asthma Van; Mobile Care Chicago Dental Van; Chicago Department of Public Health-Immunization Clinic; UIC-Chicago Partnership for Health Promotion (Nutrition Education); Bessie Coleman Library; AIDS Health Foundation (HIV/Hepatitis C screening and referral); Sisters Working it Out (Breast Cancer); Gift of Hope; AKArama Environmental Stewardship; School Physicals; Heartland Blood Centers; Coordination of Health Care for Complex Kids (CHECK); DJ; Barber; Backpacks; and information from NAMI, The March of Dimes, and Epilepsy Foundation.
- Workshops: 10:30 am-Yoga (Soror Tonya Mattox); 11:30 am-Breast Health Panel (Beyond a Mammogram; Sisters Working it Out; Metropolitan Breast Cancer Task Force); 12:30 pm-Healthy Heart Cooking Demo-Chef David Blackmon; 1:30 pm-Men's Health with Dr. Bonnie Thomas III, Medical Director, Woodlawn Health Center and Project Brotherhood/Women's Health-Dr. Monica Moore Humphries, Chicago Family Health Centers; Soror Helen H. Redding (tentative)-Asthma; 3:00 pm to 4:00 pm-Dr. Terry Mason, Chief Operating Officer at Cook County Department of Public Health.

Recommendation/Action: Please share the information about the health fair with local agencies and community residents.

Chairman's Signature

Angela M. Odor- fry