

**ALPHA KAPPA ALPHA SORORITY, INC.
AKARAMA FOUNDATION, INC.
2016-2017
COMMITTEE REPORT TEMPLATE
Executive Board Meeting**

Committee Name: Target II: Health Promotion

Date of Report: Friday, May 6, 2017

Summary of Previous Activities: N/A

Upcoming Activities:

- **Longest Day:** Our next impact day, The Longest Day®, is scheduled for Wednesday, June 21, 2017. The theme is **AKA-cise the Mind and Body**. We will be working in collaboration with other Chicago area chapters and the Alzheimer's Association to raise awareness about Alzheimer's Disease and support caregivers. Theta Omega/AKArara Foundation is serving as the convener. The program will take place here at the center:
 - **6:00 am-7:00 am: Morning Prayer Call**
 - **12:00 pm-3:00 pm Movie: Still Alice**
 - **3:00 pm-9:00 pm-Caregivers' Expo**
 - **7:00 pm-8:00 pm-Panel Discussion**
 - **8:00 pm-9:00 pm-Line Dancing with Gloria Winston**
 - **All Day: Members Wear Purple and Engage in Activities to raise Awareness about Alzheimer's Disease**
 - **All Day: Social Media Blast**
- Please see attached flyer for the schedule of activities. Additionally, on The Longest Day®, our members are asked to make a difference in the fight against Alzheimer's by also participating in activities that we love and that fit our individual schedules. From sunrise to sunset, AKA chapters and members along with their local community will participate in various activities, such as line dancing, swing dancing, square dancing, Zumba, bowling, bike riding, roller blading, roller skating, yoga, quilting, golfing, arts & crafts, bid whist, bridge, board games, etc.

There are many ways that Alpha Kappa Alpha will make an impact:

- Chapters nationally will conduct multiple activities throughout the day
- Online registration is mandatory for chapter participation in The Longest Day® event. All chapter members must register online. Please go to **ALZ.org/AKA** and click on JOIN A TEAM. Our team name is: **Theta Omega Chapter/AKArara Foundation-Chicago Area Chapters**
- Sorors should select the amount of time they wish to participate in the designated activity
- Sorors can make donations but it is not mandatory. Since the sorority donated nationally.
- **Annual Community Health and Wellness Fair:** We will tentatively partner with the 20th Ward Alderman and Kappa Alpha Psi for the Annual Health Fair. The fair will be here at the AKArara Foundation, Inc. Community Service Center on August 26, 2017. Please save the date. We plan to meet with him in the next few weeks.

Recommendation/Action: N/A

Chairman's Signature

