

**ALPHA KAPPA ALPHA SORORITY, INC.
AKARAMA FOUNDATION, INC.
2016-2017
COMMITTEE REPORT TEMPLATE
Executive Board Meeting**

Committee Name: Target II: Health Promotion

Date of Report: Friday, May 6, 2017

Summary of Previous Activities: N/A

Upcoming Activities:

- **Longest Day:** Our next impact day, The Longest Day®, is scheduled for Wednesday, June 21, 2017. The theme is **AKA-cise the Mind and Body**. We will be working in collaboration with other Chicago area chapters and the Alzheimer's Association to raise awareness about Alzheimer's Disease and support caregivers. Theta Omega/AKArara Foundation is serving as the convener. Similar to last year, the tentative schedule includes a morning prayer call and media blast. This year, we are also proposing having a caregiver vendor fair, line dancing, and speaker's panel. Please see attached flyer for the schedule of activities. Additionally, on The Longest Day®, our members are asked to make a difference in the fight against Alzheimer's by also participating in activities that we love and that fit our individual schedules. From sunrise to sunset, AKA chapters and members along with their local community will participate in various activities, such as line dancing, swing dancing, square dancing, Zumba, bowling, bike riding, roller blading, roller skating, yoga, quilting, golfing, arts & crafts, bid whist, bridge, board games, etc.

There are many ways that Alpha Kappa Alpha will make an impact:

- Chapters nationally will conduct multiple activities throughout the day
 - Online registration is mandatory for chapter participation in The Longest Day® event. All chapter members must register online. Please go to **ALZ.org/AKA** and click on JOIN A TEAM. Our team name is: **Theta Omega Chapter/AKArara Foundation-Chicago Area Chapters**
 - Sorors should select the amount of time they wish to participate in the designated activity
 - Sorors can make donations but it is not mandatory. Since the sorority donated nationally.
- **Annual Community Health and Wellness Fair:** We will tentatively partner with the 20th Ward Alderman for the Annual Health Fair. We plan to meet with him in the next few weeks. More details to come.

Recommendation/Action: Please provide names of Theta Omega Sorors that are caring for family members with Dementia and Alzheimer's disease to be considered for a care package. Also anyone who is interested in assisting with planning the Longest Day or the Annual Health fair can contact Angela Odoms-Young via email at odmyoung@gmail.com or Elaine Singh via email at esingh3701@aol.com.

Chairman's Signature

