

**ALPHA KAPPA ALPHA SORORITY, INC.  
THETA OMEGA CHAPTER/AKARAMA FOUNDATION, INC.  
2016-2017  
COMMITTEE REPORT TEMPLATE**

**Committee Name:** Target II: Health Promotion

**Date of Report:** Thursday, March 31, 2016

**Summary of Previous Activities:**

The Health Committee held a conference call on March 17 to plan for our next impact day is April 9<sup>th</sup> from 1:00 to 4:00 pm at the AKArara Community Service Center in collaboration with the National Alliance on Mental Illness.

**Upcoming Activities:**

- Our next impact day is April 9<sup>th</sup> working in collaboration with NAMI to raise awareness about mental health and the treatment/prevention of mental disorders in the African American community. Starting in 2015, Alpha Kappa Alpha Sorority, Inc. (AKA) is collaborating with the National Alliance on Mental Illness to increase mental health awareness in the African American community. AKA Chapters work with NAMI State Organizations and NAMI Affiliates to educate African Americans about mental health, treatment and recovery. Attached is the event flyer. The representative from NAMI is not able to attend but plans to send information for the event. We plan to show the documentary on the story of Chamique Holdsclaw called Mind Game. <https://www.newday.com/film/mindgame-unquiet-journey-chamique-holdsclaw> and have a facilitated discussion with a small panel followed by a question/answer period. The tentative schedule includes:
- 1:00-1:15 pm Intro/Welcome
- 1:15-2:00 pm Sonya Ballentine, National Center for Stigma and Empowerment, Illinois Institute of Technology and Kaililah Muhammad, Thresholds
- 2:00-3:00 pm Film: Mind Game
- 3:00-3:30 pm Post-film Panel (Confirmed: Nancy Tartt, MFT working with incarcerated populations and Walidah Bennett, Mental Health Advocate for Veterans, P.R Mininger, Youth. Soror [Causandra Mcclain-Hall](#) will serve as the moderator)
- 3:50-4:00 pm Wrap up/Evaluation

We need your help in getting the word out about the event. The event is free and open to the public.

Respectfully Submitted,

Dr. Angela Odoms-Young, Health Promotion Chairman